



## ANNUAL PROGRESS REPORT 2021/22

(16<sup>TH</sup> JULY 2021 TO 15<sup>TH</sup> JULY 2022)

### 1. Background

Access Planet Organization is led by young women with disabilities in Nepal. It is working to promote rights, empowerment, and inclusion of persons with disabilities in general and young women with disabilities in specific. It was established in September 2015 to mainstream young women with disabilities in Nepal through technology and capacity building. We focus on promoting quality education, wellbeing, and leadership capabilities of these women.

The visibility of young women with disabilities and their capacity is our greatest accomplishment. After establishing the organization, young women with disabilities, and their ability in different sectors like sports, leadership has been more visible than before. The local government, other communities, and civil society have started to trust the capability of these women. The stereotypical attitudes, roles, and responsibilities prescribed by society to these women are challenged, and they are capacitated to groom their careers to their fullest potential.

#### 1.1 Vision

Access Planet Organization envisions the society where every people including women with disabilities are empowered to guide their life in their own hand.

#### 1.2 Mission

To empower women with disabilities by building equitable environment in the education, economic opportunity, social and cultural participation through capacity building, lobby and advocacy, making them independent, capable, productive and responsible members of the society.

### 1.3 Goal

Social status and rights, economic conditions and technological accessibility of youths/women with disabilities improved.

### 1.4 Objectives:

- Contribute to improve technology and Education friendly environment of youths and women with disabilities.
- To economically empower youths/women with disabilities through disability friendly technology
- To ensure the rights of youths/women with disabilities through legal literacy and advocacy.
- To promote positive attitude of the society towards youths/women with disabilities through awareness and social sensitization

### 1.5 Target Group:

- Youths/women with disabilities
- Parents of children with disabilities
- Children with disabilities

## 2. Works Conducted by this Organization in Fiscal year 2021/22 (from July 16 2021 to July 15 2022)

### 2.1. Enhancing Economic Rights of youths with visual impairments

30 July, 2021, Bagmati Province, (virtual)

Access planet organization in collaboration with Nepalese young entrepreneurs' forum and in the funding support of Gates Foundation and Japan Foundation and Japanese Society for the Rehabilitation of Persons with Disabilities (JSRPD) has successfully conducted advocacy interaction program entitled "Enhancing Economic Rights of youths with visual impairments (From Charity to Investment)" on 30 July 2021. The program had the presence of various employers and disability right activists where they shared their views and commitment towards inclusive employment opportunities for blind and visually impaired youths in the panelist discussion session.

This advocacy interaction program for economic rights has become fruitful in sensitizing the issues of accessibility and attitude related challenges for employing blind and visually impaired youths by private companies. The co-organizer NYEF has given commitment for introducing friendly work opportunities for people with disabilities in general and blind and visually impaired youths in particular.

## 2.2 Basic computer training for young women with disabilities of Palpa

July-September, 2021, Lumbini Province, Palpa

Access Planet commenced 3 months basic computer training for girls and young women with disabilities staying at Creative Disable Self-help Center at Palpa. We partnered with Frida to organize this training inside their residential hostel as going to different computer institute in the current time of lockdown would not have been possible for these girls and women. We aim to enhance access to quality education and employment opportunities of these girls and women by increasing their skills on computer and technology. In the training, participants have learned about various skills related to Microsoft Word, Microsoft Excel, Microsoft PowerPoint, screen reading software and computer management.

## 2.3. Capacitating young women with disabilities of Bagmati Province on economic rights

31-August/4-September, 2021, Bagmati Province (virtual)

Access Planet organization with support of Bill and Melinda Gates Foundation has conducted 4 days training on “capacitating young women with disabilities on economic rights for local campaigning” from 31<sup>st</sup> August to 3<sup>rd</sup> September 2021. The objective of this 4 days training was to capacitate young women with disabilities of Bagmati Province on economic rights for strengthening local campaigning in regards to the issues in their respective areas.

The topics of this 4 days training were:

- Linkage between women rights and economy
- CEDAW and ICESCR
- Economic rights in CRPD and SDG
- Economic opportunities available at the local level
- Economic rights stated in Act on the Rights of Persons with Disabilities
- Identifying issues related to economic rights of women with disabilities
- Session on Advocacy and advocacy plan.

After the training, young women with disabilities have been aware about various economic opportunities and provisions available at the national and local level and also about national and international provisions pertaining to the issue.

After the completion of the training, advocacy committees have been formed in Kavre, Kathmandu and Chitwan districts to strengthen the advocacy campaign on economic rights at the local level.

#### 2.4. Yoga and Meditation Session for Women Human Rights Defenders with Disabilities

5-25 September, 2021, nationwide (virtual)

Physical and mental wellbeing has been proven as the greatest medicine in the Covid-19 pandemic. With this, Access planet has provided yoga and meditation classes to 100 young women with disabilities during this time of the pandemic. The training was conducted from 5<sup>th</sup> September to 25 September, 2021. The yoga instructor Mr. Gambhir Shrestha, equipped the participants with various yoga poses, breathing exercises and meditation techniques in inclusive and accessible way for women with diverse disabilities including blind and visually impaired, deaf, physical disabilities and other disabilities.

Impacts:

- Enhanced physical and psychological wellbeing of young women human rights defenders with disabilities through Yoga, Meditation and Breathing exercises
- Created safe space for young defenders during yoga sessions on sharing and exchanging the experience and feelings in the current crisis
- We, young human rights defenders with disabilities have been able to continue our activism in more resilient way than before. The psychological fear that we had due to the current pandemic has significantly decreased and through the yoga and meditation session, we have become stronger and resilient to continue and move forward the disability and women rights campaign more powerfully than before.

#### 2.5. Cash/material support for 60 Women Human Rights Defenders with Disabilities

September, 2021 (nationwide)

Access Planet has provided cash/ material support of equivalent to NPR 5,000 each to 60 young women human rights defenders with disabilities who are working as campaigners in women and disability rights sector across the country.

Young women human right defenders with disabilities are working for protecting and promoting rights and need of themselves and as well as that of other women with disabilities in the community. However in the current pandemic, these defenders have been facing difficulties in managing their basic needs and hence have been facing difficulties to move the campaign forward.

Thus the cash support was provided to young women human rights defenders with disabilities as a source of encouragement and help to fulfill their basic needs.

The cash support was provided to these women with the fulfillment of following criteria:

- Unemployed young women with disabilities working in the sector of disability or women rights, board member of organization of persons with disabilities.
- The young women with disabilities working in the sector of disability rights who are of 18 to 30 years of age.

## 2.6. Capacitating young women with disabilities on economic rights in Lumbini Province.

8-9 October, 2021, Lumbini Province, Butwal

Access Planet organization with support of Bill and Melinda Gates Foundation has successfully conducted 2 days training on “capacitating young women with disabilities on economic rights for local campaigning” on 8th and 9th October 2021 in Lumbini Province.

The objective of this 2 days training was to capacitate young women with disabilities on economic rights for strengthening local campaigning in regards to the issues in their respective areas. In the training, there were participants with diverse disabilities from Lumbini province of Nepal.

After the training, young women with disabilities have been aware about various economic opportunities and provisions available at the national and local level and also about national and international provisions pertaining to the issue.

After the completion of the training, advocacy committees have been formed in Rupandehi, Bara, Bardiya and Dang districts to strengthen the advocacy campaign on economic rights at the local level.

## 2.7. Capacity building training on Feminist Legal Theories and Practices

9-13 November, 2021, Bagmati Province, Kathmandu

Access Planet Organization in the funding support of Asia Pacific Forum on Women, Law and Development conducted 5-days capacity building training on “Feminist Legal Theories and Practices” on 9-13 November, 2021.

The training aimed at enhancing the knowledge and skills of women and disability rights advocates, government officials and legal professionals on various aspects and theories of feminism, national and international laws and its feminist critical perspective and feminist strategies for achieving the rights and justice of girls and women with disabilities.

In the short closing program, we had the presence of Honorable Judge of Supreme Court, Ms. Sapana Malla Pradhan as chief guest where she shared her experience in women’s access to justice and expressed her commitment to work more for promoting access to justice for girls and women with disabilities.

With this capacity enhancement on feminist legal theories and practices, Access Planet hopes to see strengthened campaign on the rights of women with disabilities in Nepal in local and the national level.

## 2.8. Capacitating young women with disabilities on economic rights in Province 1 for Local Campaigning

20-21 December, 2021, Province1, Birat Nagar

Access Planet organization with support of Bill and Melinda Gates Foundation has successfully conducted 2 days training on “capacitating young women with disabilities on economic rights for local campaigning” on 20<sup>th</sup> and 21<sup>st</sup> December 2021 in province 1, Biratnagar.

The objective of this training was to capacitate young women with disabilities on economic rights for strengthening local campaigning in regards to the issues in their respective areas. In the training, there were participation of young women with diverse disabilities.

After the training, young women with disabilities have been aware about various economic opportunities and provisions available at the national and local level and also about national and international provisions in pertaining to the issue.

After the completion of the training, advocacy committees have been formed in Morang, Illam, Jhapa and Sunsari districts to strengthen the advocacy campaign on economic rights at the local level.

## 2.9. Share Market Orientation Training to Young Women with Disabilities

11-12 October, Bagmati Province, Kausaltar, Bhaktapur

As another attempt of economic empowerment, Access Planet in support of Tewa conducted two days share market training for young women with disabilities. The training aimed at providing basic knowledge to participants on share market including terminologies on share market, process of entering share market, the practical demonstration session on applying IPO, orientation on meroshare, share market governing body and online applications for share market related information.

## 2.10. Computer Class in Purvanchal Gyan Chakshu School, Dharan

November 2021 -February 2022, Province1, Dharan

Access Planet organization conducted 4 months computer class in Nepal's only special school for blind and visually impaired students, Shri Purbanchal Gyan Chakshu School, Dharan. The program was organized under funding support of partner organization Tewa.

The training included providing knowledge on the topics such as: MSWord, MS Excel, MS PowerPoint, Email and Internet which are key in advancing the education of these children. The training was facilitated by Ms. Jhuma Mishra who is the product of our own Training of Trainers which was conducted in May-June 2021.

With the training being conducted for all teachers and visually impaired students of the school, we believe that the training has strongly contributed in improving the quality of education that blind and visually impaired children are receiving.

## 2.11. Computer Training in Jhuwani Secondary School, Chitwan

December 2021- March, 2022, Bagmati Province, Chitwan.

Access Planet organization conducted 4 months' computer class for blind and visually impaired students studying at Jhuwani Secondary School, Chitwan, Bagmati Province from November 2021 to March 2022.

The training which was facilitated by Ms. Mina Thebe, provided knowledge to the students and resource teachers on the topics such as: MSWord, MS Excel, MS PowerPoint, Email and Internet which are key in advancing the education of these children. With the training was conducted for resource teachers and visually impaired students of the school, the training has strongly contributed in improving the quality of education that blind and visually impaired children are receiving. The program was organized under funding support of Global Fund for Women.

### 2.12. Interaction Program on: “Challenges and Opportunities on Employability and Economic Rights of Young Women with Disabilities

19 January, 2022, Lumbini Province, Butwal

Access Planet in collaboration with National Youth Council Lumbini and in the funding support of Tewa and Gates Foundation organized short Interaction Program with Stakeholders on “Challenges and Opportunities on Employability and Economic Rights of Young Women with Disabilities” at Butwal of Lumbini Province on 19<sup>th</sup> January 2022. The program emphasized discussion on present gaps and future possibilities in regards to employment, self-employment and economic opportunities to uplift youths and young women with disabilities.

The research book and video documentary prepared and published by Access Planet Organization on the title “Employment Status of Young Women with Disabilities” was also launched during the program

In the interaction program, commitments were gathered from the stakeholders on promoting the employment and self-employment of young women with disabilities at the provincial level.

### 2.13. Interaction Program on: “Challenges and Opportunities on Employability and Economic Rights of Young Women with Disabilities

21 January, 2022, Nepalgunj, Lumbini Province

Access Planet in the funding support of Gates Foundation organized short Interaction Program with Stakeholders on “Challenges and Opportunities on Employability and Economic Rights of Young Women with Disabilities” at Lumbini Province, Nepalgunj on 21<sup>th</sup> January 2022. The program



emphasized discussion on present gaps and future possibilities in regards to employment, self-employment and economic rights of youths and young women with disabilities.

The interaction program aimed to explore the existing policies and programs of government, challenges and incites of private sector and to establish the ground of cooperation between government, private sector and disability experts in promotion of employment and self-employment of youths and women with disabilities.

The program had the research presentation and demonstration of video documentary on the economic rights and employability of young women with disabilities in Nepal. In the interaction program, commitments were gathered from the stakeholders on promoting the employment and self-employment of young women with disabilities at the provincial level.

#### 2.14. Orientation on Sexual and Reproductive Health Rights to Girls and Young Women with Disabilities

22 January, 2022, Lumbini Province, Nepalgunj

Access Planet Organization organized one-day orientation Program on “Sexual and Reproductive Health Rights to Girls and Young Women with Disabilities” at Lumbini Province, Nepalgunj on 22<sup>nd</sup> January 2022.

The objective of the orientation was to sensitize young women with disabilities on various dimensions of SRHR including:

- Human body and development
- Menstrual Hygiene and Management
- Gender Based Violence and the ways to eliminate
- Contraceptive devices and other different SRHR components

#### 2.15. Techno- based share market orientation training to youths and young women with disabilities

29-30 January, Lumbini Province, Nepalgunj

Access Planet in support of Global Fund for Women conducted two days share market training for young women with disabilities from 29th to 30th January in Lumbini Province, Nepalgunj. The

training aimed at providing basic knowledge to participants on share market including terminologies on share market, process of entering share market, the practical demonstration session on applying IPO, orientation on the application meroshare, share market governing body and online applications for share market related information. The sessions covered were:

Session 1: Introduction to Share Market

Session 2: Share related Terminologies

Session 3: Process of Entering Share Market

Session 4: Practical session on How to apply IPO

Session 5: Share Market Governing bodies

Session 6: Application for Share Market Analysis

## 2.16. Orientation Program for Blind and Visually Impaired Women on InstaReader application

25 February, 2022, (nationwide, virtual)

Access Planet Organization organized a short orientation program to familiarize blind and visually impaired women on Instareader on 25<sup>th</sup> February 2022 virtually. The orientation program had enthusiastic participation of 43 women with visual impairments. The orientation program was facilitated by Ms. Pratikchya Bhattarai, Training of Trainer (ToT) participant of Access Planet.

The topics discussed in the orientation program were:

- Installation of instaReader
- Briefing of the menus of the application
- Creating audio book from text, PDF, DOCX, Image.
- The Way of navigating across multiple pages.
- To control audio speed, pitch and change voices of audiobooks

## 2.17. Orientation on Sexual and Reproductive Health Rights to Girls and Young Women with Disabilities

11 March, 2022, Bagmati Province, Kathmandu

As the celebration for 112<sup>th</sup> international women day, Access Planet Organization organized one-day orientation Program on “Sexual and Reproductive Health Rights to Girls and Young Women with Disabilities” at Khagendra New Life School situated in Jorpati, Kathmandu, Bagmati Province.

The objective of the orientation was to sensitize young girls with disabilities on various dimensions of SRHR including:

- Human body and development
- Menstrual Hygiene and Management
- Gender Based Violence and the ways to eliminate
- Contraceptive devices and other different SRHR components

The program was organized in funding support of Women Fund Asia.

### 2.18. Training of Trainers on Leadership and Legal Literacy to Young Women with Disabilities of Far Western Province

19-20 March, 2022, Far-western Province, Dhangadhi

On 19-20 March, 2022, Access Planet Organization conducted 2 days ToT on Leadership and Legal Literacy to Young women with Disabilities from Kailali and Kanchanpur district, Far-western Province.

In the training, the participants were provided with sessions on leadership and legal literacy including:

- Team building and group formation
- Leadership, Leadership Values and Diversity,
- Public speaking and handling formal programs
- communication and letter writing skills

We would like to thank Purposeful, The Girls Fund for funding this initiative.

### 2.19. Training of Trainers on Leadership and Legal Literacy to Young Women with Disabilities of Karnali Province

22-23 March, Karnali Province, Surkhet

On 22-23 March, 2022, Access Planet Organization conducted 2 days training of trainers (ToT) on Leadership and Legal Literacy to Young women with Disabilities from Surkhet and Dailekh

district, Karnali Province. The training was conducted in the funding support of Frida with the objective of capacitating young women with disabilities and strengthening campaigning at the local level in regards to women and disability rights.

Outcomes of the Program:

- 10 young women with disabilities have got skills on leadership and legal literacy
- Advocacy committees have been formed in Surkhet and Dailekh Districts to strengthen the local campaigning at the local level
- Access Planet's relationship with the local government has been strengthened.

## 2.20. Orientation on Sexual and Reproductive Health Rights to Girls with Disabilities

25 March, 2022, Lumbini Province, Butwal

Access Planet Organization organized one-day orientation Program on “Sexual and Reproductive Health Rights to Girls and Young Women with Disabilities” at Namuna Shanti School, Manigram, Butwal. Lumbini Province.

The objective of the orientation was to sensitize girls with disabilities on various dimensions of SRHR.

Output:

1. 20 participants were oriented, sensitized and were provided guidance regarding the sexual and reproductive health rights.
2. The participants were able to learn about the body physiological changes during adolescence.
3. The participants were able to learn about the ways of prevention from sexual abuse and institutions to support those cases.
4. The participants have developed confidence to speak freely on the matter of SRHR.

We would like to thank Women Fund Asia for the funding support and school administration for their logistic support.

## 2.21. Open Poetry Competition on the Theme of Inclusion of Women with Disabilities

11 April (nationwide, virtual)

Access Planet Organization on 11<sup>th</sup> April 2022 organized online poetry recitation competition on the Theme of Inclusion of Women with Disabilities. 24 young women participated in the competition organized under funding support of the British Council Nepal.

Access Planet Organization in Collaboration with British Council Nepal participated in Women of the World (WOW) event organized by British Council on Lumbini Park, Lumbini Province, Nepal on 16 and 17 April, 2022 where top four participants of open poetry competition showed active participation.

Through this event, the concept of inclusion has been internalized creatively both by the presenters and the audience through the form of literature.

## 2.22. Leadership Training for Young Women with Disabilities at Kailali, Far Western Province

16 April, 2022, Far-western Province, Kailali

Access Planet Organization conducted one day leadership training to young women with disabilities of Kailali district on 16<sup>th</sup> April, 2022. The training was conducted in the funding support of Purposeful, the Girls Fund with the objective of capacitating young women with disabilities and strengthening campaigning at the local level in regards to women and disability rights.

Outcomes of the Program:

- 21 participants were sensitized about the rights and laws related to women with disabilities.
- The participants of Training of Trainers got chances to enhance their skills on leadership, program organizing and training facilitation.
- The enhanced leadership of participants of Training of Trainers and other participants has contributed in strengthening grassroots movement of young women with disabilities in Kailali district.

### 2.23. Leadership Training for Young Women with Disabilities at Kanchanpur, Far Western Province

17 April, 2022, Far-western Province, Kanchanpur

Access Planet Organization held a one-day Leadership Training for Young Women with Disabilities in Kanchanpur, Far Western Province, on April 17, 2022 (4th Baishakh). The training was held with the cooperation of Purposeful, the Girls Fund, with the goal of empowering young women with disabilities and increasing local advocacy around women's and disability rights.

Outcomes of the Program:

- 25 participants were sensitized about the rights and laws related to women with disabilities.
- The training of trainer participants got chances to enhance their skills on leadership, program organizing and training facilitation.
- The enhanced leadership of training of trainer and other participants has contributed in strengthening grassroots movement of young women with disabilities in Kanchanpur district.

### 2.24. Leadership Training for Young Women with Disabilities at Surkhet, Karnali Province

19 April, 2022, Karnali Province, Surkhet

Access Planet Organization conducted a one-day Leadership Training for Young Women with Disabilities in Surkhet, Karnali Province, on April 19, 2022 (6th Baishakh). The training was held with the cooperation of FRIDA, Young Feminist Fund, with the goal of empowering young women with disabilities and increasing local advocacy around women's and disability rights.

Outcomes of the Program:

- 24 participants were sensitized about the rights and laws related to women with disabilities.
- The training of trainer participants got chances to enhance their skills on leadership, program organizing and training facilitation.
- The enhanced leadership of training of trainer and other participants has contributed in strengthening grassroots movement of young women with disabilities in Surkhet district.

## 2.25. Leadership Training for Young Women with Disabilities at Dailekh, Karnali Province

21 April, 2022, Karnali Province, Dailekh

On April 21, 2022 (8th Baishakh) , Access Planet Organization hosted a one-day Leadership Training for Young Women with Disabilities in Dailekh, Karnali Province with the funding support of FRIDA, the Young Feminist Fund, the training was held with the purpose of empowering young women with disabilities and expanding local advocacy for women and disability rights. Members who have previously participated in the Training of Trainers facilitated this workshop.

Outcomes of the Program:

- 18 participants were sensitized about the rights and laws related to women with disabilities as this was the first training in Dailekh with special focus on women with disabilities .
- The training of trainer participants got chances to enhance their skills on leadership, program organizing and training facilitation.
- The enhanced leadership of training of trainer and other participants has contributed in strengthening grassroots movement of young women with disabilities in Dailekh district.

## 2. 26. Computer Class in Shree Shanti Namuna School, Butwal, Rupandehi

November-February, 2022, Lumbini Province, Butwal

With an aim of promoting access to technology for blind and visually impaired students, Access Planet Organization has successfully completed four-month Computer classed in Shree Shanti Namuna School, Butwal, Rupandehi. The training was facilitated by Ms. Pratikshya Bhattarai, participant of training of trainers on computer and technology conducted by Access Planet last year. It provided knowledge to the students and resource teachers on the topics such as: MSWord, MS Excel, MS PowerPoint, Email and Internet which are key in advancing the education of these children. This training was conducted in the funding support of Tewa.

## 2. 27. Computer Training in Sanjiwani Model Secondary School, Dhulikhel, Kavre

November-February, 2022, Bagmati Province, Kavrey

Access Planet conducted a four-month computer course for blind and visually impaired students at Sanjiwani Model Secondary School in Dhulikhel, Bagmati Province. The training was facilitated by Ms. Manisha Rana, participant of training of trainers on computer and technology conducted by Access Planet last year. The training provided knowledge to the students and resource teachers on the topics such as: MSWord, MS Excel, MS PowerPoint, Email and Internet which are key in advancing the education of these children. The training was conducted under the funding support of Tewa.

## 2.28. Review and Follow-up Workshop with Training of Trainers Participants on Local Organizing; Karnali Province

11 May, 2022, virtual

Access Planet Organization in support of Frida successfully completed Review and Follow-up Workshop on local organizing on 11<sup>th</sup> of May, 2022 virtually in the presence of board members, staff and participants of Training of Trainers on Leadership and Legal Literacy. This workshop was conducted for evaluation and sharing of the lesson learnt on the training conducted by Training of Trainers participants.

Outcome of the Program:

- The challenges, solutions, lesson learnt and way forward were discussed with the participants.
- New ideas and topics were discussed for conducting similar capacity building programs which will strengthen the movement in grassroots level.
- Follow up action plans like conduction of interaction program and capacity building program in the local level were made.

## 2.29. Review and Follow-up Workshop with Training of Trainers Participants on Local Organizing; Far Western Province

11 May, 2022, virtual

On 11<sup>th</sup> of May, 2022, in the virtual presence of board members, staff, and participants of the Training of Trainers on Leadership and Legal Literacy, Access Planet Organization successfully completed the Review and Follow-up Workshop on local organizing in support of Purposeful, the Girls Fund.

In the review and follow up workshop, Training of Trainers participants discussed on following issues being based on lesson learnt on the conduction of training:



- Experience as trainer and organizer
- Challenges and their solution
- Key learnings
- Further action plans

### 2.30. Comprehensive Training on Right Relating to Education and Advocacy Skills

3-5 May, 2022, Bagmati Province, Kathmandu

Access Planet Organization in support of Disability Rights Fund (DRF) has conducted a three days 'Comprehensive Training on Right Relating to Education and Advocacy Skills' on 3<sup>rd</sup>-5<sup>th</sup> May 2022. Six women from Dhangadi sub metropolitan city, Far-western Province, six women from Nepalgunj sub metropolitan city of Lumbini province and six women from Kathmandu valley of Bagmati province participated in the training. This training aimed to inform young women with disabilities about existing education related national/ international laws and policies with special focus on disability rights.

Outcomes of the program:

- 18 participants were sensitized about the rights relating to education and advocacy skills.
- The participants got chances to enhance their skills on advocacy, and their understanding on national and international laws.
- The training itself has contributed in strengthening grassroots movement of young women with disabilities in Bagmati, Lumbini and Far-Western Province.
- Advocacy committee for three provinces: Bagmati, Lumbini and FarWestern were made and leaders were chosen.

### 2.31. Computer Refresher Training for Blind and Visually Impaired Women

4-12 May, 2022 virtual

Access Planet has successfully completed computer refresher training for blind and visually impaired women conducted from 4th to 12th May 2022. 14 blind and visually impaired women from across the country participated in the training. The 7 days training was conducted virtually in the funding support of Global Fund for Women. The main aim of the training was to enhance the quality education and employment opportunities for young women with visual impairments.

In the training, participants were provided with sessions on:

- Page Lay Out, Convert File and File compress ,abstract file/folder
- NVDA Setting
- Computer Management
- Google drive, Google docs, Google slides, Google sheet
- Creating Google form, comment and track change
- Application and website orientation.

Outcomes of the training:

- 14 blind and visually impaired women from across the country updated their skills on computer and technology
- Enhancement in technological skills has supported access to quality education and employment opportunities for blind and visually impaired women.

## 2. 32. Issue Identification Workshop on Education and Access to Technology for Girls and Young Women with Disabilities

28 May, 2022, Far-western Province, Dhangadhi

Access Planet Organization under leadership of advocacy committee of Dhangadhi sub metropolitan city, conducted one day ‘Issue Identification Workshop on Education and Access to Technology for Girls and Young Women with Disabilities’ on 28<sup>th</sup> May 2022 in Dhangadhi. Participation of persons from different backgrounds such as students with disabilities, parents of girls with disabilities, teachers involved in education of girls with disabilities and representatives of organizations working in disability right sector was ensured in the workshop. This variation in participation gathered ideas from multiple perspective and is expected to have ensured collection of education and access to technology related issues of girls and young women with disabilities in Dhangadhi.

The workshop was conducted in funding support of Disability Right Fund (DRF) where following major issues were identified:

- Issues concerning physical infrastructure
- Issues concerning quality of education
- Issues concerning participation in decision making process
- Special issues concerning education of women and girls

- Issues concerning public awareness
- Solutions to the issues identified

### 2.33. Issue Identification Workshop on Education and Access to Technology for Girls and Young Women with Disabilities

29 May, 2022, Lumbini Province, Nepalgunj

On May 29, 2022, Access Planet Organization held a one-day "Issue Identification Workshop on Education and Access to Technology for Girls and Young Women with Disabilities" in Nepalgunj.

The workshop was led by the advocacy committee of the sub-metropolitan city. The program made sure that people from a variety of backgrounds, including students with disabilities, their parents, teachers who work with girls with disabilities in the classroom, and representatives of organizations involved in the disability rights sector, participated. This variety in participation gathered viewpoints from many angles and is anticipated to have made sure that issues relating to education and access to technology for girls and young women with disabilities in Nepalgunj were collected in the workshop conducted in funding support of Disability Right Fund (DRF).

Outcomes of the workshop were:

1. 35 participants were able to present about the rights relating to education for girls and women with disabilities.
2. Issues faced by girls with disabilities in education and access to technology were collected from diverse sectors like students with disabilities, parents of girls with disabilities, teachers of girls with disabilities and representatives from organizations working in disability right sector.
3. The participants got chances to enhance their skills on advocacy through direct participation in presentation and discussion.
4. The workshop strengthen grassroots movement of young women with disabilities in Lumbini Province.

### 2.34. Orientation on Sexual and Reproductive Health Rights to Girls and Young Women with Disabilities.

3 June, 2022, Gandaki Province, Parvat

Access Planet Organization organized one-day orientation Program on “Sexual and Reproductive Health Rights to Girls and Young Women with Disabilities” at Shivalaya Secondary School, Kushma, Parvat, Gandaki Province. Girls with visual impairments from Shivalaya School Parvat and Janata Dhan Secondary School Baglung participated in the orientation program. The orientation program was conducted with the funding support of Women Fund Asia.

Outcomes of the training:

- 20 participants were oriented, sensitized and were provided guidance regarding the sexual and reproductive health rights.
- The participants were able to learn about the body physiological changes during adolescence.
- The participants were able to learn about the ways of prevention from sexual abuse and institutions to support those cases.
- The participants have developed confidence to speak freely on the matter of SRHR.

### 2.35. Orientation on Sexual and Reproductive Health Rights to Deaf and Hard of Hearing Girls

4 June, 2022, Gandaki Province, Pokhara

Under funding support of Women Fund Asia, Access Planet Organization organized a one-day orientation program on "Sexual and Reproductive Health Rights to deaf and hard of hearing girls" of Srijana Residential Deaf School , Lekhnath, Pokhara. The orientation event was attended by 45 deaf and hard-of-hearing girls.

With objective to sensitize young women with disabilities on various dimensions of SRHR, the orientation covered following topics:

- Human body and development

- Menstrual Hygiene and Management
- Contraceptive devices and other different SRHR components
- Gender Based Violence and the ways to eliminate

### 2.36. Orientation on Sexual and Reproductive Health Rights to Girls with Disabilities

5 June, 2022, Gandaki Province, Pokhara

Access Planet Organization organized one-day orientation Program on “Sexual and Reproductive Health Rights to blind and visually impaired girls” at Amar Singh Model Secondary School, Amarsingh, Pokhara, Gandaki Province. Twenty Blind and visually impaired girls from the school participated in the orientation program. The orientation program was conducted with the funding support of Women Fund Asia.

The objective of the orientation was to sensitize girls with disabilities on various dimensions of SRHR.

Outcomes of the training:

- 20 participants were oriented, sensitized and were provided guidance regarding the sexual and reproductive health rights.
- The participants were able to learn about the body physiological changes during adolescent.
- The participants were able to learn about the ways of prevention from sexual abuse and institutions and mechanisms to support those cases.
- The participants have developed confidence to speak freely on the matter of SRHR.

### 2.37. Issue Identification Workshop on Education and Access to Technology for Girls and Young Women with Disabilities

22 June, 2022, Bagmati Province, Bhaktapur

Access Planet Organization under leadership of advocacy committee of Kathmandu valley, conducted one day ‘Issue Identification Workshop on Education and Access to Technology for Girls and Young Women with Disabilities’ on 22<sup>nd</sup> June 2022 in Bhaktapur. The program made sure that people from a variety of backgrounds, including students with disabilities, their parents, teachers who work with girls with

disabilities in the classroom, and representatives of organizations involved in the disability rights sector, participated. This variety in participation gathered viewpoints from many angles and is anticipated to have made sure that issues relating to education and access to technology for girls and young women with disabilities in Bhaktapur were collected.

The workshop was conducted in funding support of Disability Right Fund (DRF) where outcomes were:

1. 41 participants were able to present about the rights relating to education for girls and women with disabilities.
2. Issues faced by girls with disabilities in education and access to technology were collected from diverse sectors like students with disabilities, parents of girls with disabilities, teachers and representatives from organizations working in disability right sector.
3. The participants got chances to enhance their skills on advocacy through direct participation in presentation and discussion.
4. The workshop strengthen grassroots movement of young women with disabilities in Bagmati Province.

### 2.38. Techno-based Pre-employment Skill Development Training for Youths with Disabilities

9-22 June, 2022, Bagmati Province, Bhaktapur

Access Planet Organization under the support of Ministry of Social Development, Bagmati Province and Redcross Nepal, Balkot sub-branch, organized a 14 days 'Technology Based Pre-employment Skill Development Training for Youths with Disabilities' at Balkot, Bhaktapur, Bagmati Province. Eleven youths with disabilities from the province got a chance to participate and acquire various technological and pre-employment skills.

Outcomes of the training:

- Eleven youths with disabilities were provided with technology and employment based skills.
- Through practical skills like email and official letter writing, presentation and interview skills, CV and bio data writing skills...etc., confidence was built up in the trainees.

- Participants were able to identify their unique skills and were able to plan for future through proper career counselling.
- Exposure to resource persons from various field developed professional circle for the participants creating a link to employment sector.

### 2.39. Issue Identification of Girls and Women with Disabilities National-Level Workshop amongst Disability Experts

8 July, 2022, Bagmati Province, Kathmandu

Access Planet Organization organized one-day “National level workshop amongst disability experts to identify issues of girls and women with disabilities” at Hotel Hardik, Bagbazar, Kathmandu. This program was conducted under funding support of Nepal US Alumni Network (NUSAN) under Alumni Small Grant (ASG) and Frida young feminist fund. Forty one national level disability rights experts participated in the program.

Being conducted under the project entitled: “Fostering Democratic Rights of Women with Disabilities through Political Engagement” , the program aimed to engage the national disability rights experts to identify the key issues of girls and women with disabilities and consolidate those issues as the form of declaration document to be presented to political leaders to ensure the issues of girls and women with disabilities are included in the political agendas during the upcoming election and the political leaders express their commitments to include women with disabilities and their issues in the overall development process.

Outcomes of the program:

- 41 participants shared their experience and compiled issues faced by girls and women with disabilities based on their expertise.
- Declaration document has been prepared on the issues of girls and women with disabilities which shall be presented to representatives of political parties ensuring acknowledgement of the document in their manifestos for national and state level election to be held this year.

### 3. Program Plan for Next Fiscal Year (17<sup>th</sup> July 2022 to 16<sup>th</sup> July 2023)

The organization plans to conduct following activities in upcoming fiscal year:

- Advocacy Interaction on Issues of Girls and Women with Disabilities on education and assistive devices
- Basic Computer Training for Blind and Visually Impaired Women
- Educational policy Review of Local Level Governments in Three Provinces
- Computer Refresher Training
- Employability Skill Development Training
- Sexual and Reproductive Health Rights Training in Schools
- Advocacy/Meeting/Delegation for Inclusive Education
- TOT and Grass-root Level Training on Leadership
- National Level Technology and Digital Security Training
- Provincial Level Leadership and Advocacy Training
- Formation of Provincial Committee
- Employability skill enhancement training for youths with disabilities.
- Interaction Program with Local Representative on enhancing economic rights of youths with disabilities

## 4. Conclusion

With our dedication and passion, we have been able to contribute in the upliftment of lives of girls and young women with disabilities to many extent. Spread of Covid19 and the crisis created after it, unstable political system of Nepal, prevailed stigma associated to women and disability, were some among many challenges which hindered our advocacy and capacity building activities. However, we are aware that we still need to go far ahead for achieving the quality and dignified life of girls and women with disabilities in Nepal. We would like to thank our members, staffs, organizing partners and donors, volunteers, and concerned stakeholders who have played a vital role in framing this one more year of success.



Santa Pandey,

Secretary.